



THE CATHOLIC ACADEMY  
OF STAMFORD

## 2026-2027 Pre-Kindergarten 3 Student Supply List

Dear Incoming Pre-K 3 Parents,

Welcome to Pre-K 3 at The Catholic Academy of Stamford! We are looking forward to seeing you soon, but in the meantime we wanted to let you know what it is that you will need as far as “supplies” for school this year.

- Baby wipes
- Plastic forks
- Ziploc bags- 2 Gallon
- Backpack- It needs to be a regular sized backpack (absolutely no mini backpacks or backpacks with wheels). Their backpacks need to fit a lunchbox, folder, and blanket. Yes, you are going to think that it is way too big, but it is not!
- Change of clothes for accidents- shirts, pants/shorts, pairs of underwear, and socks (seasonal). Please put in a labeled 2 gallon ziploc bag. Please label all clothing. Change of clothes does not need to be uniform clothes-regular clothes are fine. *It is very important that you pack multiple pairs of everything!*
- Blanket - for rest time.
- Large Elmer’s glue sticks -2 pack
- 1 boxes crayola jumbo crayons

Items will need to be replenished throughout the school year. We will send a note as needed.

**Looking forward to a great year! Thank you!**

# Math at Home

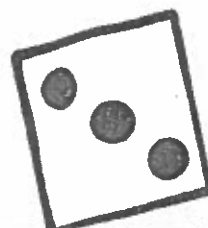
Children develop positive feelings about math when they have fun math experiences at home with their family!



## Things to Remember

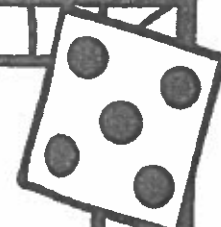
- 1 • Exploring math should be fun!
- 2 • Allow your child to count, read numbers, explore shapes, create patterns, and measure at his/her own individual level.
- 3 • Every child learns differently. That is what makes your child unique!
- Give hints, not answers.
- Celebrate and praise ALL math discoveries!

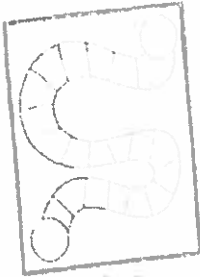
SHOW YOUR  
CHILD HOW  
YOU USE  
MATH  
EVERY DAY!



## Fun Activities to Try

- ★ Count as you walk, jump, skip, march, or go up the stairs. Do one movement for each number.
- ★ Read counting books. Notice the number and count the objects as you read!
- ★ Make numbers and shapes with playdoh. First roll the playdoh into rolls (snakes). Use the rolls to form numbers and shapes.
- ★ Sort the laundry by color or clothing categories. Count the number of items in each pile. Which pile has the most/least?
- ★ Go on a shape hunt (inside or outside). Talk about the shapes. Feel and count the sides and/or corners.
- ★ Find markers that are the same size. Using markers, measure how many markers tall each person is in your family is by lining up the markers next to them.





## Commercial Games That Incorporate Math

Candyland, Hi Ho Cherry-O, Trouble, Counting Cookies, Uno, Chutes and Ladders, Hungry Hungry Hippos, Cootie, The Sneaky Squirrel, The Ladybug Game, Barrel of Monkeys, Jenga, and puzzles

### Using Hands on Materials at Home

Here is a list of math tools and items you may have at home that are great for exploring math! Be creative and have fun!

Just explore the materials or make up your own game!

#### EXPLORE COUNTING

- Coins, buttons, cotton balls
- Beans or uncooked pasta
- Small plastic animals
- Popsicle sticks
- Rocks or sea shells
- Cereal or small snacks
- Cupcake pans and egg cartons to count items in

#### EXPLORE SORTING

- Sort various items coins, buttons, rocks, sea shells, seeds, blocks, lids, screws, nuts, bolts, cars, animals, blocks, and/or doll accessories
- Make collections of items to sort and treasure

#### EXPLORING PATTERNS

- Find patterns on clothing, wrapping paper, etc.
- Copy and/or make patterns using various items (buttons,

#### EXPLORE MEASURING

- Measuring cups and/or spoons
- Various size bowls or containers
- Materials to measure and scoop such as water, sand, noodles, or cotton balls
- Measure by repeating an item such as blocks or cups
- Tape measures and rulers
- Scales
- Timers

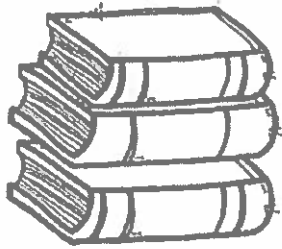
#### EXPLORE SHAPES

- Build, create, and sort blocks and buttons

#### OTHER FUN MATH ITEMS

- Dice
- Cards
- Puzzles
- White board and markers
- Magnet numbers
- Chalk





# Reading at Home

Reading at home will make a **HUGE** difference in your child's school success! Make reading part of your everyday routine. Choose books that match your child's interests.

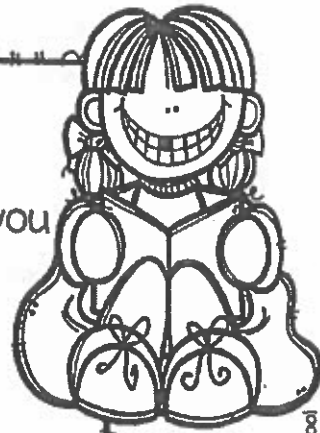
**READING FOR JUST 10 - 15 MINUTES A DAY WILL BENEFIT YOUR CHILD!**

## Telling, Retelling, and Understanding

- Before reading, make predictions and ask questions. What is the story going to be about?
- Talk about new words and their meaning.
- Make connections to his/her life, other books, and/or movies/TV. What does this remind you of (another book, something that happened to them, a place, a TV show)?
- Talk, comment, and ask questions about the characters and setting as you read the book. How does the character feel? Where is the character at the beginning/middle/end of the book?
- After you read the book, have your child retell you the story in order.
- Act out the story! Make different voices for each character. Use props and have fun!
- Have your child "read" the book (your child will make up the words that may or may not match the text and use the pictures as a guide).

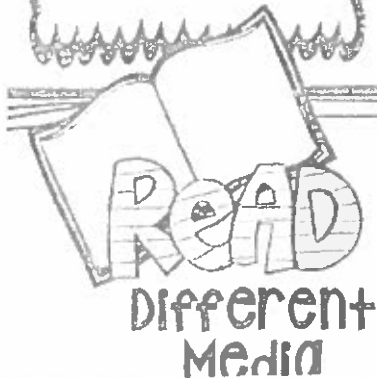
## Building a Reader

- ★ Have your child turn the pages.
- ★ Encourage your child to fill in the rhymes as you read.
- ★ Notice patterns in the text and illustrations.
- ★ Have your child be the "reader" and read the pictures to you.
- ★ Notice and talk about letters and the sounds they make.





YOU CAN  
NEVER READ  
A BOOK TOO  
MANY  
TIMES!  
EACH TIME  
YOUR CHILD  
READS A  
BOOK  
AGAIN,  
HE/SHE  
GAINS NEW  
KNOWLEDGE  
AND BUILDS  
FLUENCY!



Make a warm and cozy reading nook in your home with pillows, soft chairs, and/or stuffed animals.

Fill a basket with your child's favorite books, tablet, and/or magazines!

## MAKE READING AN ADVENTURE

### READ IN FUN PLACES

outside, inside, in the car, in the bathtub, in bed, on the couch, under the covers, under a tree, at the library, in a tent, or in a park

### READ FUN WAYS

with a flashlight, in different voices, on the computer, act it out, by singing the words, in a whisper, to a stuffed animal, to a pet, or with props/puppets

### READ DIFFERENT KINDS OF BOOKS

ABC, counting, fiction, non-fiction, big, small, long, short, rhyming, poetry, song, or fairy tales

### READ ABOUT DIFFERENT THINGS

family, friends, feelings, school, holidays, sports, dance, food, birthdays, forest animals, polar animals, zoo animals, ocean animals, pets, dinosaurs, insects, construction, vehicles, plants, princesses, farms, science, seasons, weather, or various habitats

Books  
Newspapers  
Magazines  
E books  
Letters

Cards  
Mail  
Store Ads  
Signs  
Recipes

# Fun Fine Motor at Home

Help your child develop the strength and motor control he/she needs to write and draw!

## Things to Remember

Make it FUN and hands on! Children need **FREQUENT** opportunities and a variety of materials to develop their fine motor control as well as eye hand coordination.



## QUICK INFORMATION

Fine motor development involves the use of small muscles of the body (hands and fingers). It is the ability to pick up small items, color with crayons, copy designs, string beads, cut with scissors, draw shapes, and write letters.

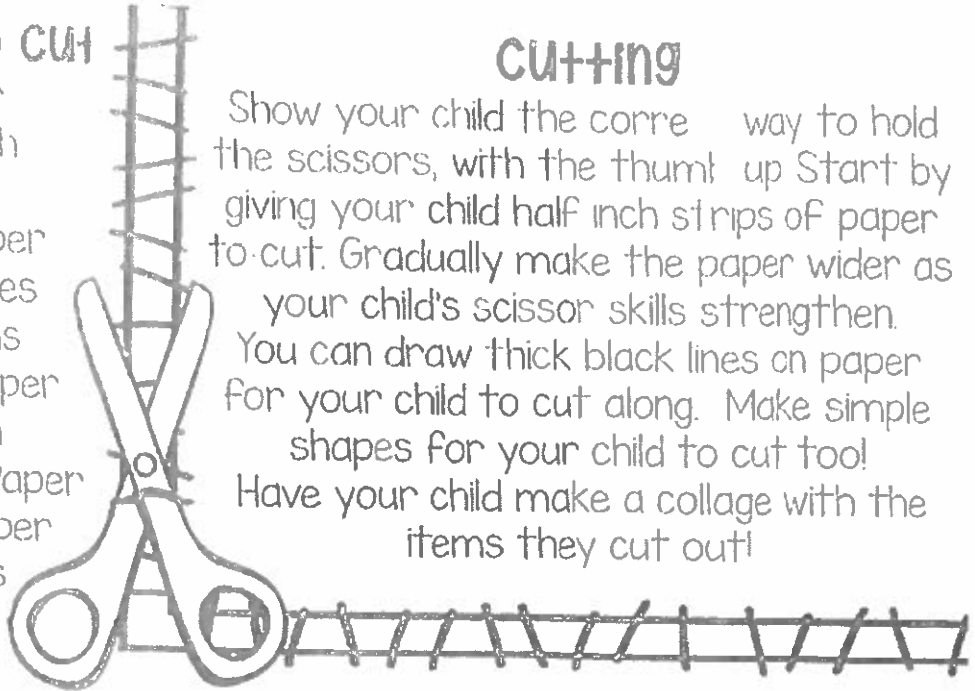
## INCREASE CONTROL AND HAND STRENGTH

- Do a variety of puzzles.
- Tear paper and make a collage.
- Peel and stick stickers and/or tape to paper.
- Build or play with dominos.
- Color and write with broken crayons, short colored pencils, and thin markers.
- Offer tracing stencils or trace around objects.
- Build with small Legos or small wooden blocks.
- String beads, noodles, cereal using pipe cleaners or yarn.
- Play games or explore with tweezers or small tongs to pick up items such as cotton balls, marshmallows, cereal, pom poms, or small rocks. Commercial games that use tweezers are Bed Bugs, Thin Ice, and Crazy Octopus.
- Sprinkle salt, flour, or oatmeal onto a cookie sheet. Your child can use a finger to make lines, shapes, letters, and/or numbers. Gently shake the tray to erase.
- Paint with various types of brushes and on various surfaces (paper, foil, wax paper).
- Use hole punches, shape punches, and/or letter punches.



## Items to Cut

Paper  
Playdoh  
Goop  
Newspaper  
Magazines  
Coupons  
Tissue Paper  
Ribbon  
Wrapping Paper  
Fancy Paper  
Leaves  
Grass



## Cutting

Show your child the correct way to hold the scissors, with the thumb up. Start by giving your child half inch strips of paper to cut. Gradually make the paper wider as your child's scissor skills strengthen.

You can draw thick black lines on paper for your child to cut along. Make simple shapes for your child to cut too!

Have your child make a collage with the items they cut out!

## PLAYDOH & GOOP

There are endless activities your child can do with playdoh and goop! Roll the playdoh into balls or snakes, cut it with scissors, pinch off small pieces, or make a sculpture. Hide small objects (pennies or a small plastic animal) in the playdoh and then try to find it. Manipulate the playdoh to make pretend food. Get out a rolling pin and cookie cutters to make playdoh cookies! Make prints in the playdoh using buttons, toothpicks, popsicle sticks, small plastic animals, or sea shells.

## Water Play

Water play can be a great time to incorporate fine motor fun! Add the items below and let the fun (and muscle building) begin!

- Eye droppers
- Turkey basters
- Bath squirters
- Spray bottles
- Sponges to squeeze
- Tongs and tweezers
- Containers with lids

