



THE CATHOLIC ACADEMY
OF STAMFORD

2025-2026 Pre-Kindergarten 3 Student Supply List

Dear Incoming Pre-K 3 Parents,

Welcome to Pre-K 3 at The Catholic Academy of Stamford! We are looking forward to seeing you soon, but in the meantime we wanted to let you know what it is that you will need as far as “supplies” for school this year.

- Kleenex tissues
- Paper towels
- Baby wipes
- Lysol or Clorox wipes
- Plastic spoons, forks, and knives
- Ziploc bags 2 Gallon
- **Last Names A-L:** sandwich bags
- **Last Names M-Z :** gallon bags
- Backpack- It needs to be a regular sized backpack (absolutely no mini backpacks or backpacks with wheels). Their backpacks need to fit a lunchbox, folder, and blanket. Yes, you are going to think that it is way too big, but it is not.
- Change of clothes for accidents- shirts, pants or shorts, pairs of underwear, and socks (seasonal). Please put in a labeled 2 gallon ziploc bag. Please label all clothing. Change of clothes does not need to be uniform clothes-regular clothes are fine.
- Small blanket, for napping.
- Large Elmer's glue sticks -2 pack
- 2 boxes crayola jumbo crayons
- 1 box of Mr. Clean magic eraser sheets

For Art class:

- 2 large glue sticks
- 1 roll of paper towels
- 1 lysol wipes
- 1 baby wipes
- 1 box of mr. clean magic eraser sponge

Please label all clothing items!

Items will need to be replenished throughout the school year. I will send a note/blog as needed.

Looking forward to a great year! Thank you!

Fun Fine Motor at Home

Help your child develop the strength and motor control he/she needs to write and draw!

Things to Remember

Make it FUN and hands on! Children need **FREQUENT** opportunities and a variety of materials to develop their fine motor control as well as eye hand coordination.



QUICK INFORMATION

Fine motor development involves the use of small muscles of the body (hands and fingers). It is the ability to pick up small items, color with crayons, copy designs, string beads, cut with scissors, draw shapes, and write letters.

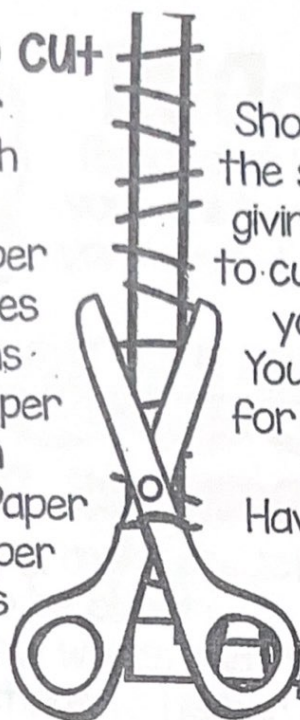
INCREASE CONTROL AND HAND STRENGTH

- Do a variety of puzzles.
- Tear paper and make a collage.
- Peel and stick stickers and/or tape to paper.
- Build or play with dominos.
- Color and write with broken crayons, short colored pencils, and thin markers.
- Offer tracing stencils or trace around objects.
- Build with small Legos or small wooden blocks.
- String beads, noodles, cereal using pipe cleaners or yarn.
- Play games or explore with tweezers or small tongs to pick up items such as cotton balls, marshmallows, cereal, pom poms, or small rocks. Commercial games that use tweezers are Bed Bugs, Thin Ice, and Crazy Octopus.
- Sprinkle salt, flour, or oatmeal onto a cookie sheet. Your child can use a finger to make lines, shapes, letters, and/or numbers. Gently shake the tray to erase.
- Paint with various types of brushes and on various surfaces (paper, foil, wax paper).
- Use hole punches, shape punches, and/or letter punches.



Items to cut

Paper
Playdoh
Goop
Newspaper
Magazines
Coupons
Tissue Paper
Ribbon
Wrapping Paper
Fancy Paper
Leaves
Grass



Cutting

Show your child the correct way to hold the scissors, with the thumb up. Start by giving your child half inch strips of paper to cut. Gradually make the paper wider as your child's scissor skills strengthen.

You can draw thick black lines on paper for your child to cut along. Make simple shapes for your child to cut too!

Have your child make a collage with the items they cut out!



PLAYdoh & Goop



There are endless activities your child can do with playdoh and goop! Roll the playdoh into balls or snakes, cut it with scissors, pinch off small pieces, or make a sculpture. Hide small objects (pennies or a small plastic animal) in the playdoh and then try to find it. Manipulate the playdoh to make pretend food. Get out a rolling pin and cookie cutters to make playdoh cookies! Make prints in the playdoh using buttons, toothpicks, popsicle sticks, small plastic animals, or sea shells.

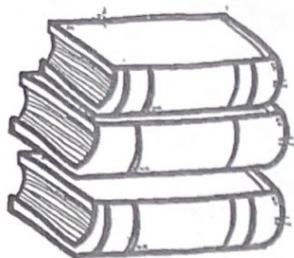


Water Play

Water play can be a great time to incorporate fine motor fun! Add the items below and let the fun (and muscle building) begin!

- Eye droppers
- Turkey basters
- Bath squirters
- Spray bottles
- Sponges to squeeze
- Tongs and tweezers
- Containers with lids





Reading at Home

Reading at home will make a **HUGE** difference in your child's school success! Make reading part of your everyday routine. Choose books that match your child's interests.

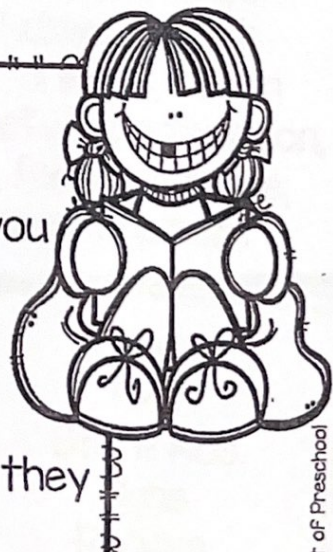
READING FOR JUST 10 - 15 MINUTES A DAY WILL BENEFIT YOUR CHILD!

Telling, Re-telling, and Understanding

- Before reading, make predictions and ask questions. What is the story going to be about?
- Talk about new words and their meaning.
- Make connections to his/her life, other books, and/or movies/TV. What does this remind you of (another book, something that happened to them, a place, a TV show)?
- Talk, comment, and ask questions about the characters and setting as you read the book. How does the character feel? Where is the character at the beginning/middle/end of the book?
- After you read the book, have your child retell you the story in order.
- Act out the story! Make different voices for each character. Use props and have fun!
- Have your child "read" the book (your child will make up the words that may or may not match the text and use the pictures as a guide).

Building a Reader

- ★ Have your child turn the pages.
- ★ Encourage your child to fill in the rhymes as you read.
- ★ Notice patterns in the text and illustrations.
- ★ Have your child be the "reader" and read the pictures to you.
- ★ Notice and talk about letters and the sounds they make.





**YOU CAN
NEVER READ
A BOOK TOO
MANY
TIMES!
EACH TIME
YOUR CHILD
READS A
BOOK
AGAIN,
HE/SHE
GAINS NEW
KNOWLEDGE
AND BUILDS
FLUENCY!**



Make a warm and cozy reading nook in your home with pillows, soft chairs, and/or stuffed animals.

Fill a basket with your child's favorite books, tablet, and/or magazines!

MAKE READING AN ADVENTURE

READ IN FUN PLACES

outside, inside, in the car, in the bathtub, in bed, on the couch, under the covers, under a tree, at the library, in a tent, or in a park

READ FUN WAYS

with a flashlight, in different voices, on the computer, act it out, by singing the words, in a whisper, to a stuffed animal, to a pet, or with props/puppets

READ DIFFERENT KINDS OF BOOKS

ABC, counting, fiction, non-fiction, big, small, long, short, rhyming, poetry, song, or fairy tales

READ ABOUT DIFFERENT THINGS

family, friends, feelings, school, holidays, sports, dance, food, birthdays, forest animals, polar animals, zoo animals, ocean animals, pets, dinosaurs, insects, construction, vehicles, plants, princesses, farms, science, seasons, weather, or various habitats

Books
Newspapers
Magazines
E books
Letters

Cards
Mail
Store Ads
Signs
Recipes

Math at Home

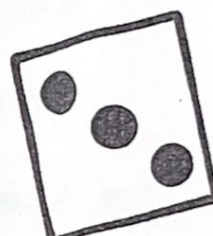
Children develop positive feelings about math when they have fun math experiences at home with their family!



Things to Remember

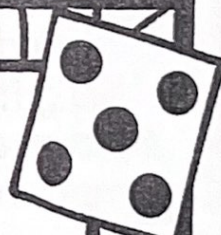
- 1 • Exploring math should be fun!
- 2 • Allow your child to count, read numbers, explore shapes, create patterns, and measure at his/her own individual level.
- 3 • Every child learns differently. That is what makes your child unique!
- Give hints, not answers.
- Celebrate and praise ALL math discoveries!

SHOW YOUR
CHILD HOW
YOU USE
MATH
EVERY DAY!



Fun Activities to Try

- ★ Count as you walk, jump, skip, march, or go up the stairs. Do one movement for each number.
- ★ Read counting books. Notice the number and count the objects as you read!
- ★ Make numbers and shapes with playdoh. First roll the playdoh into rolls (snakes). Use the rolls to form numbers and shapes.
- ★ Sort the laundry by color or clothing categories. Count the number of items in each pile. Which pile has the most/least?
- ★ Go on a shape hunt (inside or outside). Talk about the shapes. Feel and count the sides and/or corners.
- ★ Find markers that are the same size. Using markers, measure how many markers tall each person is in your family is by lining up the markers next to them.





Commercial Games That Incorporate Math

Candyland, Hi Ho Cherry-O, Trouble, Counting Cookies, Uno, Chutes and Ladders, Hungry Hungry Hippos, Cootie, The Sneaky Squirrel, The Ladybug Game, Barrel of Monkeys, Jenga, and puzzles

Using Hands on Materials at Home

Here is a list of math tools and items you may have at home that are great for exploring math! Be creative and have fun!

Just explore the materials or make up your own game!

EXPLORE COUNTING

- Coins, buttons, cotton balls
- Beans or uncooked pasta
- Small plastic animals
- Popsicle sticks
- Rocks or sea shells
- Cereal or small snacks
- Cupcake pans and egg cartons to count items in

EXPLORE SORTING

- Sort various items: coins, buttons, rocks, sea shells, seeds, blocks, lids, screws, nuts, bolts, cars, animals, blocks, and/or doll accessories
- Make collections of items to sort and treasure

EXPLORING PATTERNS

- Find patterns on clothing, wrapping paper, etc.
- Copy and/or make patterns using various items (buttons,

EXPLORE MEASURING

- Measuring cups and/or spoons
- Various size bowls or containers
- Materials to measure and scoop such as water, sand, noodles, or cotton balls
- Measure by repeating an item such as blocks or cups
- Tape measures and rulers
- Scales
- Timers

EXPLORE SHAPES

- Build, create, and sort blocks and buttons

OTHER FUN MATH ITEMS

- Dice
- Cards
- Puzzles
- White board and markers
- Magnet numbers
- Chalk

