

**FIELD TRIP  
EMERGENCY PLAN OF CARE**

Name: \_\_\_\_\_ School: \_\_\_\_\_

Allergy: \_\_\_\_\_ School Year: \_\_\_\_\_

**SYMPTOMS OF ANAPHYLAXIS:**

- Chest tightness, shortness of breath, cough , wheezing, profuse runny nose
- Dizzy, faint, pale, blue, confused
- Tightness and / or itching in throat, difficulty swallowing, hoarseness, drooling
- Swelling of lips, tongue, throat
- Itchy mouth, itchy skin, hives
- Hives, itching (anywhere), swelling (e. face, eyes)
- Nausea, vomiting, diarrhea, crampy pain

Insert Picture If  
Available

**IF ALLERGEN LIKELY EATEN (OR STUDENT STUNG), FOLLOW THIS EPINEPHRINE  
PROTOCOL AT THE ONSET OF ANY OF THE ABOVE SYMPTOMS:**

1. Administer Epi Auto-Injector: \_\_\_\_\_ 0.15mg \_\_\_\_\_ 0.3mg
2. Have someone call 911 for ambulance, don't hang up, and stay with student
3. Have student lie down with feet above level of head until EMS arrives.
4. Notify school and parent /guardian as soon as possible.

**EMERGENCY CONTACTS**

1. Name: \_\_\_\_\_  
Relation: \_\_\_\_\_  
Phone: \_\_\_\_\_
2. Name: \_\_\_\_\_  
Relation: \_\_\_\_\_  
Phone: \_\_\_\_\_

**EMERGENCY / PHYSICIAN CONTACTS**

1. Name: \_\_\_\_\_  
Relation: \_\_\_\_\_  
Phone: \_\_\_\_\_
2. Name: \_\_\_\_\_  
Relation: \_\_\_\_\_  
Phone: \_\_\_\_\_

\_\_\_\_\_  
Parent / Date

\_\_\_\_\_  
Student if applicable / Date

\_\_\_\_\_  
School Nurse / Date

\_\_\_\_\_  
Physician

\_\_\_\_\_  
Date

# FOOD / INSECT ALLERGY EMERGENCY PLAN OF CARE DURING SCHOOL

School \_\_\_\_\_

School Year \_\_\_\_\_

<b>STUDENT INFORMATION</b>	<b>Student Name:</b>	<b>DOB:</b>
	<b>Home / Cell Phone:</b>	<b>Grade:</b>
	<b><u>Life-Threatening Allergies:</u></b>	<b>History of Asthma?</b> <input type="checkbox"/> No <input type="checkbox"/> Yes (Asthma may indicate an increased risk of severe reaction)
		<b>Severe Anaphylactic Reaction?</b> <input type="checkbox"/> No <input type="checkbox"/> Yes  <b>Dates of Anaphylactic Reaction:</b> _____  <input type="checkbox"/> If checked YES, give Epinephrine immediately if allergen was likely eaten, at onset of any symptoms, and follow the protocol below.

<b>TREATMENT PLAN</b>	<p>ANY SEVERE SYMPTOMS (Anaphylaxis) AFTER SUSPECTED OR KNOWN INGESTION: / CONTACT</p> <p><b><u>ONE OR MORE OF THE FOLLOWING:</u></b></p> <p><b>LUNG:</b> Short of breath, chest tightness, wheeze, repetitive cough</p> <p><b>HEART:</b> Pale, blue, faint, weak pulse, dizzy /confused</p> <p><b>THROAT:</b> Tight, hoarse, trouble breathing / swallowing, drooling</p> <p><b>MOUTH:</b> Obstructive swelling (tongue or lips)</p> <p>OR COMBINATION OF SYMPTOMS FROM <b><u>DIFFERENT BODY AREAS:</u></b></p> <p><b>SKIN:</b> Hives, itchy rashes, swelling (e.g. eyes, lips)</p> <p><b>GUT:</b> Nausea, Vomiting, diarrhea, crampy pain</p>		<p><b><u>FOLLOW THIS PROTOCOL:</u></b></p> <ol style="list-style-type: none"> <li>1. INJECT EPINEPHRINE IMMEDIATELY!</li> <li>2. Call 911</li> <li>3. Raise feet above the head, remain lying down and continue monitoring.</li> <li>4. Give additional medications as ordered               <ul style="list-style-type: none"> <li>- Antihistamine</li> <li>- Bronchodilator/Albuterol if has asthma</li> </ul> </li> <li>5. Notify Parent/Guardian</li> <li>6. Notify Prescribing Provider / PCP</li> <li>7. When indicated, assist student to rise slowly</li> </ol>
	<p><b><u>ORAL ALLERGY SYNDROME OR MILD SYMPTOMS:</u></b></p> <p><b>MOUTH:</b> Itchy mouth, lips, tongue and/or throat</p> <p><b>SKIN:</b> Itching just around mouth</p> <p><b>GUT:</b> Mild Nausea, Vomiting, diarrhea, crampy pain</p>		<ol style="list-style-type: none"> <li>1. GIVE ANTIHISTAMINE (swish and swallow if liquid)</li> <li>2. Monitor student as indicate; notify healthcare provider and parent as indicated.</li> <li>3. If progresses to symptoms of anaphylaxis, USE EPINEPHRINE (as stated above)</li> </ol>

\_\_\_\_\_  
Physician Name / Telephone

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Guardian Name / Telephone

\_\_\_\_\_  
Guardian Signature

**Authorization for the Administration of Medication by School, Child Care, and Youth Camp Personnel**

In Connecticut schools, licensed Child Day Care Centers and Group Day Care Homes, licensed Family Day Care Homes, and licensed Youth Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the State Statutes and Regulations. Parents/guardians requesting medication administration to their child shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child's name, name of medication, directions for medication's administration, and date of the prescription.

**Authorized Prescriber's Order (Physician, Dentist, Optometrist, Physician Assistant, Advanced Practice Registered Nurse or Podiatrist):**

Name of Child/Student \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Address of Child/Student \_\_\_\_\_ Town \_\_\_\_\_

Medication Name/Generic Name of Drug \_\_\_\_\_ Controlled Drug? ☐ YES ☐ NO

Condition for which drug is being administered: \_\_\_\_\_

Dosage \_\_\_\_\_ Method /Route \_\_\_\_\_ Time of Administration \_\_\_\_\_ Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_ End Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Specific Instructions for Medication Administration \_\_\_\_\_

Dosage \_\_\_\_\_ Method/Route \_\_\_\_\_

Time of Administration \_\_\_\_\_ If PRN, frequency \_\_\_\_\_

Medication shall be administered: Start Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ End Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Relevant Side Effects of Medication \_\_\_\_\_ ☐ None Expected

Explain any allergies, reaction to/negative interaction with food or drugs \_\_\_\_\_

Plan of Management for Side Effects \_\_\_\_\_

Prescriber's Name/Title \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

Prescriber's Address \_\_\_\_\_ Town \_\_\_\_\_

Prescriber's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

School Nurse Signature (if applicable) \_\_\_\_\_

**Parent/Guardian Authorization:**

☐ I request that medication be administered to my child/student as described and directed above

☐ I hereby request that the above ordered medication be administered by school, child care and youth camp personnel and I give permission for the exchange of information between the prescriber and the school nurse, child care nurse or camp nurse necessary to ensure the safe administration of this medication. I understand that I must supply the school with no more than a three (3) month supply of medication (school only.)

☐ I have administered at least one dose of the medication to my child/student without adverse effects. (For child care only)

Parent/Guardian Signature \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent /Guardian's Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_

Home Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/APPROVAL**

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse (if applicable) in accordance with board policy. In a school, inhalers for asthma and cartridge injectors for medically-diagnosed allergies, students may self-administer medication with only the written authorization of an authorized prescriber and written authorization from a student's parent or guardian or eligible student.

Prescriber's authorization for self-administration: ☐ YES ☐ NO \_\_\_\_\_

Signature

Date

Parent/Guardian authorization for self-administration: ☐ YES ☐ NO \_\_\_\_\_

Signature

Date

School nurse, if applicable, approval for self-administration: ☐ YES ☐ NO \_\_\_\_\_

Signature

Date

Today's Date \_\_\_\_\_ Printed Name of Individual Receiving Written Authorization and Medication \_\_\_\_\_

Title/Position \_\_\_\_\_ Signature (in ink) \_\_\_\_\_

**Note: This form is a sample form in compliance with Section 10-212a, Section 19a-79-9a, 19a-87b-17 and 19-13-B27a(v.)**

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**Authorized Prescriber's Order (Physician, Dentist, Optometrist, Physician Assistant, Advanced Practice Registered Nurse or Podiatrist):**

Name of Child/Student \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Address of Child/Student \_\_\_\_\_ Town \_\_\_\_\_

Medication Name/Generic Name of Drug \_\_\_\_\_ Controlled Drug? ☐ YES ☐ NO

Condition for which drug is being administered: \_\_\_\_\_

Dosage \_\_\_\_\_ Method /Route \_\_\_\_\_ Time of Administration \_\_\_\_\_ Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_ End Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Specific Instructions for Medication Administration \_\_\_\_\_

Dosage \_\_\_\_\_ Method/Route \_\_\_\_\_

Time of Administration \_\_\_\_\_ If PRN, frequency \_\_\_\_\_

Medication shall be administered: Start Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ End Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Relevant Side Effects of Medication \_\_\_\_\_ ☐ None Expected

Explain any allergies, reaction to/negative interaction with food or drugs \_\_\_\_\_

Plan of Management for Side Effects \_\_\_\_\_

Prescriber's Name/Title \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

Prescriber's Address \_\_\_\_\_ Town \_\_\_\_\_

Prescriber's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

School Nurse Signature (if applicable) \_\_\_\_\_

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☐ I have administered at least one dose of the medication to my child/student without adverse effects. (For child care only)

Parent/Guardian Signature \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent /Guardian's Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_

Home Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

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Prescriber's authorization for self-administration: ☐ YES ☐ NO \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian authorization for self-administration: ☐ YES ☐ NO \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

School nurse, if applicable, approval for self-administration: ☐ YES ☐ NO \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Today's Date \_\_\_\_\_ Printed Name of Individual Receiving Written Authorization and Medication \_\_\_\_\_

Title/Position \_\_\_\_\_ Signature (in ink) \_\_\_\_\_

**Note: This form is a sample form in compliance with Section 10-212a, Section 19a-79-9a, 19a-87b-17 and 19-13-B27a(v.)**