

# The Catholic Academy of Stamford

## Uniform Policy

[Updated January, 2025]

*It is our strong belief that a student's appearance for school has an impact on his/her attitude, behavior and readiness to learn. A formal dress code is not meant to stifle the individuality of our students since every child still remains unique and special while wearing a uniform that shows membership in our community of faith and learning.*

*It is important that we establish a standard of modesty and decorum that contributes toward an environment of respect and mutual understanding.*

***Parents have the primary responsibility for ensuring that their children follow these guidelines. Teachers also have a responsibility for taking appropriate action when guidelines are not followed.***

### UNIFORMS

The regular school uniform is to be worn on each school day except during the time period designated for the “warm weather uniform” or on days when a student is scheduled for physical education class. If a student is scheduled for physical education on a day when a First Friday, Holy Day or special liturgy is taking place, the regular uniform must be worn. Typically, the optional warm weather uniform may be worn from the first day of school until mid-October and from the day after Spring Break until the last day of school. These dates will be announced in advance and may change at the discretion of the principal.

Please use a laundry marker or a fabric label and write the name of your child on the inside of each item- especially sweaters and other items that may be added or removed during the day.

Only the Principal may grant exceptions to the uniform policy. On any days when the uniform guidelines are relaxed or changed, specific guidelines will be given to students about appropriate attire.

Our CORE uniform colors are GREEN and WHITE. As an option we offer navy blue sweatshirts and polos. However, since navy blue is not our core uniform color, it may not be readily available for pick up or shipped immediately.

### UNIFORM SUPPLIER

Khaki jumpers, white peter pan collared shirts for girls in Grades K-5, khaki skorts, shorts, and pants may be purchased at any retail store as they do not require a school logo.

In order to keep continuity within the school, there is **only one supplier** of the components of our school uniform that display either the school logo or the eagle mascot. That supplier is **Liebman's Uniform**.

***Liebman's Uniform :***

<https://www.liebmansuniforms.com>

Phone number: 914-632-2770

Again, ALL components of the uniform **which include the logo for The Catholic Academy of Stamford** must be purchased from our official uniform supplier, Liebman's Uniform.

## **SHOES FOR REGULAR AND WARM WEATHER UNIFORM**

Students are expected to wear solid color black or brown shoes with the regular and warm weather school uniform. Parents are asked to make sure that shoes are sturdy and appropriate for climbing stairs. Tie or slip on shoes may be worn in styles similar to Merrell, Sperry, Oxford, or Loafers. **No sneakers are to be worn with the regular school uniform.**

Kindergarten students are to wear the uniform shoe but with a Velcro closure.

Pre-Kindergarten students do not need to wear the uniform shoe and instead should wear basic sneakers with a velcro closure. (Please see the dedicated section to Pre-Kindergarten students.)

***The following shoes are not permitted (PK-8):*** Uggs, moccasins, slippers, sandals, open-back shoes, flip flops, mules, sneakers or any type of shoes that resemble sneakers, boots, hi-top shoes, clogs, crocs, or any shoes with a heel over two inches (measured from the back exterior of the shoe). Any shoes that the principal considers unsafe for students will not be permitted.

## **CLOTHING**

All clothing should be clean, wrinkle-free, with all buttons attached, without rips, tears or hems that need to be sewn.

## **JEWELRY**

Jewelry must be kept simple and only inexpensive/replaceable items should be worn to school. One watch, one ring and a simple cross or holy medal on a chain may be worn. Other neck jewelry, bracelets, elastic wrist/ankle accessories are not allowed.

No body piercing is allowed except for pierced ears. Girls may wear one set of pierced earrings to school but these must be small earrings no larger than a dime. This is an important safety issue. Boys may not wear earrings to school.

Please note that Apple watches or their equivalent are not permitted to be worn to school.

## **HAIR/ACCESSORIES**

Hair styles must be neat and conservative. Bangs must be above the eyebrow for both boys and girls. Boy's hair must be above – not touching- the shirt collar and trimmed around the ears. Hair should be clean and no extreme hair coloring, bleaching, or styles are permitted.

Girls may wear scrunchies, hair clips, bows, etc.in the hair (not the wrist) and should be solid navy blue, white, or green in color. No bandanas are permitted.

Boys in middle school are to be clean shaven (if applicable). No facial hair is permitted.

## **MAKE-UP/NAIL POLISH**

Girls may not wear make-up of any type to school. Only clear nail polish is permitted. There may be special times when the principal allows this guideline to change.

## Specific Uniform Information

### Pre-Kindergarten Boys and Girls

*Pre-Kindergarten students will wear a simple uniform different from students in K-8. All components of the PK uniforms must be purchased through Liebman's Uniform since they are logo items.*

#### **COOL WEATHER UNIFORM** *(Mid-October to Spring Break)*

- **SHIRT:** Grey short or long sleeve T-shirt with the official school logo
- **SWEATSHIRT:** Navy blue long sleeve crew neck sweatshirt (no hoodie is permitted) with the official school logo
- **PANTS:** Navy blue jogger (elastic bottom) with the official school logo
- **SOCKS:** White ankle socks
- **SHOES:** White or dark colored basic sneakers with velcro closure. Sneakers may not have wheels, light up or make noise

#### **WARM WEATHER UNIFORM** *(from opening day to Mid-October and after Spring Break to closing day)*

- **SHIRT:** Short sleeve grey T-shirt with the official school logo
- **SHORTS:** Navy blue mesh shorts with the official school logo
- **SOCKS:** White ankle socks
- **SHOES:** White or dark colored basic sneakers with Velcro closure. Sneakers may not have wheels, light up or make noise

### Boys - Grades K-8

#### **Regular Uniform Requirements** *(Mid-October to Spring Break and all school liturgies and assemblies)*

- **SHIRT:** (Choices below)
  - a. **CORE:** Forest green polo shirt (short sleeve) with official school logo
  - b. **OPTIONAL:** Navy blue polo shirt (short sleeve) with official school logo
- **PANTS:** Khaki dress pants

We recommend the material should be a blend and not one that wrinkles easily. All pants worn by boys must be neat and start the day without wrinkles.

**(Kindergarten boys only:** pull on khaki pants are permitted. Kindergarten boys do **not** need to wear a belt with these pants.)

- **BELT:** A black or brown or navy belt **must** be worn with the pants in Grades 1-8
- **COOL WEATHER LAYER:** Each boy **must** have one or more of the following and bring it to school for colder weather since temperatures in the school buildings do vary. Please note that these items must have the official school logo embroidered on the front and need to be purchased through Liebman's Uniform:
  1. **CORE:** Forest green ¼ zip sweatshirt with official school logo
  2. **CORE:** Forest green full zip fleece with official school logo
  3. **OPTIONAL:** Navy blue ¼ zip sweatshirt with official school logo
  4. **OPTIONAL:** Navy blue full zip fleece jacket with official school logo

**(Parents of Eighth Graders please note: An Eighth Grade hooded sweatshirt will be available for order and permitted to be worn in school during the colder months. If the hooded sweatshirt is purchased then 8<sup>th</sup> graders do not need to purchase any of the components above #1 – 4)**

- **SOCKS:** White or dark blue ankle socks (socks must be above the ankle).

### **Optional Warm Weather Uniform**

*May be worn daily - including liturgies and assemblies - from opening day to Mid-October and after Spring Break to closing day*

- **SHIRT:** (Choices below)
  - c. **CORE:** Forest green polo shirt (short sleeve) with official school logo
  - d. **OPTIONAL:** Navy blue polo shirt (short sleeve) with official school logo
- **SHORTS:** Khaki walking shorts with belt

**(Kindergarten boys only:** Pull on khaki shorts are permitted and boys do **not** need to wear a belt with the shorts)

- **SOCKS:** White or dark blue ankle socks (socks must be above the ankle). No other colors are permitted.
- SHOES:** See page 2 under “shoes”.

### **Physical Education Uniform Requirements for Boys K-8**

*This uniform is to be worn on physical education days except when we have a school liturgy or special assembly/event*

- **SHORTS:** Navy blue mesh shorts with official school EAGLE mascot logo  
*Please note that shorts may not be worn to school for gym from mid – October to Spring Break*
- **PANTS:** Navy blue joggers with official school EAGLE mascot logo
- **SHIRT:** Grey short or long sleeve T-shirt with official school EAGLE mascot logo
- **SNEAKERS:** Basic sneakers without wheels or other “accessories”
- **SOCKS:** White ankle socks (socks must be above the ankle). No other color is permitted
- **SWEATSHIRT:** Boys may wear the ¼ zip blue sweatshirt with the official school logo over their gym uniform in the cooler weather

### **Specific Uniform Information**

#### **Girls**

#### **Grades K-5**

**Regular Uniform Requirements** *(Mid-October to Spring Break and all school liturgies and assemblies)*

#### **Option #1: Jumper or Skort**

- **JUMPER or SKORT:** Khaki in color (The jumper or skort may not be shorter than 3 inches above the knee all year. Please consider this before making any alterations)
- **SHIRT:** White blouse with Peter Pan collar (short or long sleeve)

**(Please note that when a jumper is worn it must be worn with a white round collar Peter Pan style shirt in long or short sleeve and NOT a polo shirt)**

#### **Option # 2: Pants**

- **PANTS:** Dress pants that are khaki in color

We recommend the material should be a blend and not one that wrinkles easily. All pants worn by girls must be neat and start the day without wrinkles. Pants cannot be tight-fitting or of a style such as jeans or jeggings.

- **SHIRT:** (When pants are worn)
  1. **CORE:** Forest green short sleeve polo with official school logo

2. **OPTIONAL:** Navy blue short sleeve polo with official school logo
- **COOL WEATHER LAYER** Each girl in Grades K-5 **must** have one or more of the following and bring it to school for colder weather since temperatures in the school do vary:
    1. **CORE:** Forest green full zip fleece jacket with official school logo
    2. **CORE:** Forest green ¼ zip sweatshirt with official school logo
    3. **OPTIONAL:** Navy blue full zip fleece jacket with official school logo
    4. **OPTIONAL:** Navy blue crew cardigan sweater with official school logo
    5. **OPTIONAL:** Navy blue ¼ zip sweatshirt with official school logo
  - **SOCKS:** White, forest green or dark blue knee socks, ankle socks or tights
  - **SHOES:** See page 2 under “shoes”

### **Optional Warm Weather Uniform for Girls K-5**

*May be worn daily, including liturgies and assemblies - from the opening day to Mid-October and after Spring Break to closing day*

- **SKORT/SHORTS:** Khaki skort or khaki walking shorts with black, brown or blue belt. The length of the skort or shorts is to be no shorter than 3 inches above the knee. Kindergarten girls may wear shorts in the pull up style and do not need to wear a belt.
- **SHIRT:** (Choices below)
  1. **CORE:** Forest green short sleeve polo with official school logo
  2. **OPTIONAL:** Navy blue short sleeve polo with official school logo
- **SOCKS** White or dark blue ankle socks (socks must be above the ankle)
- **SHOES** See page 2 under “shoes”

### **Physical Education Uniform Requirements for Girls K-5**

*This uniform is to be worn on physical education days except when we have a school liturgy or special assembly/event*

- **SHORTS:** Navy blue mesh shorts with official school EAGLE mascot logo  
*Please note that shorts may not be worn to school for gym from mid – October to Spring Break*
- **PANTS:** Navy blue joggers with official school EAGLE mascot logo
- **SHIRT:** Grey short or long sleeve T-shirt with official school EAGLE mascot logo

- **SNEAKERS:** Basic sneakers without wheels or other “accessories”
- **SOCKS:** White ankle socks (socks must be above the ankle). No other color is permitted
- **SWEATSHIRT:** Girls may wear the ¼ zip blue sweatshirt with the official school logo over their gym uniform in the cooler weather

### **Specific Uniform Information**

#### **Girls**

#### **Grades 6-8**

#### **Regular Uniform Requirements** (*Mid-October to April Break and all school liturgies and assemblies*)

- **SHIRT:** (Choices below)
  1. **CORE:** Forest green short-sleeve polo with official school logo
  2. **OPTIONAL:** Navy blue short sleeve polo with official school logo
- **SKORT:** Khaki colored skort. The skort may not be shorter than 3 inches above the knee all year. Please consider this before making any alterations.
- **PANTS:** Dress pants that are khaki in color  
We recommend the material should be a blend and not one that wrinkles easily. All pants worn by girls must be neat and start the day without wrinkles. Pants cannot be tight-fitting or of a style such as jeans or jeggings.
- **SOCKS:** White, forest green or dark blue knee socks, socks or tights
- **SHOES:** See page 2 under “shoes”
- **COOL WEATHER LAYER** Each girl **must** have one or more of the following and bring it to school for colder weather since temperatures in the school buildings do vary. Please note that these items must have the official school logo embroidered on the front and need to be purchased through Liebman’s Uniform:
  1. **CORE:** Forest green full zip fleece jacket with official school logo
  2. **CORE:** Forest green ¼ zip sweatshirt with official school logo
  3. **OPTIONAL:** Navy blue full zip fleece jacket with official school logo
  4. **OPTIONAL:** Navy blue ¼ zip sweatshirt with official school logo

**(Parents of Eighth Graders please note: An Eighth Grade hooded sweatshirt will be available for order and permitted to be worn in school during the colder months. If the hooded sweatshirt is purchased then 8<sup>th</sup> graders do not need to purchase any of the components above #1 – 5)**

#### **Optional Warm Weather Uniform**

*May be worn daily - including liturgies and assemblies from the Opening Day to Mid-October and after Spring Break to Closing Day*

- **SHIRT** (Choices below)
  1. **CORE:** Forest green short sleeve polo with official school logo
  2. **OPTIONAL:** Navy blue short sleeve polo with official school logo
- **SKORT:** Plain khaki colored skort . The skort may not be shorter than 3 inches above the knee all year. Please consider this before making any alterations.
- **SOCKS:** White ankle socks (socks must be above the ankle) or white, forest green knee socks
- **SHOES:** See page 3 under “shoes”

### **Physical Education Uniform Requirements for Girls 6-8**

*This uniform is to be worn on physical education days except when we have a school liturgy or special assembly/event*

- **SHORTS** Navy blue mesh shorts with official school EAGLE mascot logo  
*Please note that shorts may not be worn to school for gym from mid – October to Spring Break*
- **PANTS:** Navy blue joggers with official school EAGLE mascot logo
- **SHIRT:** Grey short or long sleeve T-shirt with official school EAGLE mascot logo
- **SNEAKERS:** Basic sneakers without wheels or other “accessories”.
- **SOCKS:** White ankle socks (socks must be above the ankle). No other color is permitted.
- **SWEATSHIRT:** Girls may wear the ¼ zip blue sweatshirt with the official school logo over their gym uniform in the cooler weather

### **Scheduled Out of Uniform Days for all students**

During the year there will be certain days when the uniform is not required. Dress on those days will be in compliance with the rules of modesty and decorum.

#### **Students may NOT wear:**

\*skirts/dresses shorter than three inches above the knee

\*shorts shorter than three inches above the knee



- \*flip-flop sandals
- \*open back shoes
- \*tank tops
- \*T-shirts with inappropriate writing
- \*sneakers that convert to roller skates, light up or make noise
- \*biker shorts
- \*tight fitted leggings or any style of spandex or jeggings pants
- \*ripped jeans
- \*pajama pants
- \*make-up
- \*nail polish other than clear

**ALL UNIFORM REGULATIONS AND GUIDELINES  
ARE SUBJECT TO THE DISCRETION OF THE PRINCIPAL.**